

OTHER RELIGIOUS GROUPS

At this time we are only offering Catholic and Protestant religious programs at Ft. Polk. However, we are committed to providing every Soldier and Family member with the opportunities to worship according to their individual preferences. If you contact our Religious Support Office, at 337-531-2669, we will provide any information we have on local resources. There are numerous denominational and non-denominational churches in the Central Louisiana area, as well as places of worship for Jewish and Muslim Soldiers. Just let us know what you need, and we'll do our best to find you a place of worship!

RELIGIOUS SUPPORT PERSONNEL

Garrison Chaplain Office.....337-531-2669
 3/10 UMT.....337-531-1161
 1 MEB UMT.....337-531-4574
 JRTC Ops Group UMT..... 337-531-7155
 115th CSH UMT.....337-531-2120
 BJACH UMT.....337-531-3728
 162nd Infantry Brigade UMT.....337-653-2604

If it's after normal duty hours and you need immediate Chaplain support please contact the Emergency Operations Center (EOC) at 337-531-4916.

*Do unto others
 as you would have them
 do unto you.*

When you are hurting



Silence is not golden

Asking for help is a sign of strength...not weakness.

Call a Chaplain!

(337) 531-2669

(337) 531-4916

National Suicide Prevention Lifeline:
 1-800-273-8255 (TALK)

A **Ask your buddy**

- Have the courage to ask the question, but stay calm
- Ask the question directly: Are you thinking of killing yourself?

C **Care for your buddy**

- Calmly control the situation; do not use force; be safe
- Actively listen to show understanding and produce relief
- Remove any means that could be used for self-injury

E **Escort your buddy**

- Never leave your buddy alone
- Escort to chain of command, Chaplain, behavioral health professional, or primary care provider
- Call the National Suicide Prevention Lifeline

TA - 095 - 0510

USAPHC <http://phc.amedd.army.mil/>

**Suicide Prevention is
 Everyone's Responsibility!**

FORT POLK & JRTC

COMMUNITY CHAPEL PROGRAMS

"Let us not give up meeting together...but let us encourage one another."

Hebrews 10:25



The Unit Ministry Teams and chapel leaders invite you to share in the many religious activities available to you at Ft. Polk. It is our hope and prayer that you will become part of a chapel family while you are here and participate fully in the spiritual life of the installation.

**For more information on
 Religious Support Operations
 call:**

337-531-2669



WORSHIP SERVICES AND POST-WIDE GROUPS

Catholic

SUN	0830	Confession	MPC
	0900	Mass	MPC
MON	1145	Weekday Mass	MPC
TUE	1145	Weekday Mass	MPC
WED	0900	Weekday Mass	MPC
THU	1130	Weekday Mass	BJACH
SAT	1630	Confession	MPC
	1700	Mass	MPC

Protestant

SUN			
0900	Liturgical	Glory	
1000	Chapel Next	Bldg 701 (CDC)	
1030	Gospel	Glory	
1100	Traditional	MPC	

Religious Education

Catholic

SUN	0800	CCD/RCIA/BIBLE STUDY	MPC
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Protestant

WED	1830	Adult Bible Study	MPC
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Children & YOUTH

AWANA

(Ages 4 years—12th grade)

WED	1730	Family Meal	
	1810	Program	MPC

Youth Ministry

THU	1830		MPC
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Adults

Protestant Women of the Chapel (PWOC)

TUE	0900		MPC
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CHILDCARE PROVIDED

THU	1145		MPC
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For female Soldiers and Working Women

Catholic Women of the Chapel (CWOC)

WED	0900		MPC
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	1800		MPC
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CHILDCARE PROVIDED

Connection (Single Soldier Ministry)

FRI	1830		Glory Chapel
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SPECIAL EVENTS!

- *Vacation Bible School!*
- *Religious Retreats!*
- *Marriage Conferences!*
- *Holiday Services!*



OTHER MINISTRIES

- **Family Life Counseling**
- **Baptisms/Child Dedications**
- **Weddings***

**Check with your unit chaplain first*

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www.facebook.com/fortpolkchaplains

Updated: 2015/03/01